

**JONAH 2010 - THE RUNNING MAN!**

**Part 3 - God Is Always Prepared For Us - Chapter 1:17 to 3:1  
January 17, 2010, Chuck Larsen**

**GOD PREPARED...**

**1. A FISH TO \_\_\_\_\_ JONAH**

**2:1-6** Then Jonah prayed to the Lord his God from inside the fish. He said, I cried out to the Lord in my great trouble, and he answered me. I called to you from the land of the dead, and Lord, you heard me! You threw me into the ocean depths, and I sank down to the heart of the sea. The mighty waters engulfed me; I was buried beneath your wild and stormy waves. Then I said, O Lord, you have driven me from your presence. Yet I will look once more toward your holy Temple. I sank beneath the waves, and the waters closed over me. Seaweed wrapped itself around my head. I sank down to the very roots of the mountains. I was imprisoned in the earth, whose gates lock shut forever. But you, O Lord my God, snatched me from the jaws of death!

**2. A FISH TO \_\_\_\_\_ JONAH TO NINEVEH**

**Jonah 3:2** Get up and go to the great city of Nineveh, and deliver the message I have given you.

**Jeremiah 29:11 (NIV)** I know the plans I have for you, declares the Lord; plans to prosper you, not to harm you, plans to give you hope and a future.

**3. A FISH TO \_\_\_\_\_ JONAH'S HEART**

**2:7** As my life was slipping away, I remembered the Lord. And my earnest prayer went out to you in your holy Temple.

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**4. A FISH TO \_\_\_\_\_ JONAH**

**Vs 8-9** Those who worship false gods turn their backs on all God's mercies. But I will offer sacrifices to you with songs of praise, and I will fulfill all my vows. For my salvation comes from the Lord alone.

**5. THE \_\_\_\_\_ FOR EACH OF US**

**GOD'S DISCIPLINE...**

**1. PROVES THAT HE \_\_\_\_\_**

**Hebrews 12:6 (NLT)** For the Lord disciplines those he loves, and he punishes each one he accepts as his child.

**2. SHOWS US \_\_\_\_\_**

**Job 9:33-35 (NJB)** There is no arbiter between us, to lay his hand on both, to stay his rod from me, or keep away his daunting terrors. Nonetheless, unafraid of him, I shall speak: since I do not see myself like that at all!

**3. HELPS US \_\_\_\_\_**

**Hebrews 12:11 (TM)** At the time, discipline isn't much fun. It always feels like it's going against the grain. Later, of course, it pays off handsomely, for it's the well-trained who find themselves mature in their relationship with God.

**4. ALWAYS GIVES US \_\_\_\_\_**

**3:1** Now the Word of the Lord came to Jonah a second time...  
God's Discipline Provides a New Start for Us